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**AMERICAN LAMB IS FOR LOVERS IN SEATTLE**  
***Celebrate Lamb Lovers Month With Special Events Throughout the City***

DENVER, CO, January XX, 2010 — The American Lamb Board is heating up the Seattle area this February in celebration of Lamb Lovers Month with *lambtastic* events throughout the city. Local lamb lovers will be able to sip regional wines and savor luscious lamb dishes at restaurants, enjoy lamb cooking demonstrations and sampling at local QFC locations and celebrate their love of lamb and wine at the Seattle Food & Wine Experience on February 28<sup>th</sup> at the Seattle Center Exhibition Hall.

“We’re thrilled to have so many acclaimed Seattle chefs and local restaurants share their love of lamb and showcase its versatility through their unique and inspiring dishes this Lamb Lovers Month,” says Megan Wortman, Executive Director, American Lamb Board.

Seattle restaurants to feature lamb-loving special dishes and events include:

- o Serafina Osteria & Enoteca: Month of Love and Lamb Lovers Weekend Feb. 4 - 6
- o Campagne Restaurant: Lamb is for Lovers weekend Feb. 12 - 14
- o Chateau Ste. Michelle: Special Valentines Dinner; Herb Roasted Lamb Rack Feb. 12 - 13
- o Barking Frog: Month of Love- Lamb is for Lovers Aphrodisiac Dinner Feb. 12 - 14
- o Cicchetti Kitchen & Bar: Mediterranean inspired lamb two ways; all month long

Restaurants to feature lamb dishes at the Seattle Food & Wine Experience include:

- o Ruth’s Chris Steakhouse: American Lamb Three Ways paired with Menage a Trois Wines
- o Campagne Restaurant: Anchoide and Parsley stuffed Leg of Lamb with Anchovy Aoli
- o Cicchetti Kitchen & Bar: American Lamb Mediterranean Style
- o John Sarich:Marinated Lamb Sirloin stuffed with Arrugula and Goat Cheese paired with Snoqualmie Wines

Visit **QFC** to learn about and taste lamb, find great wines for pairing and win event tickets. CSM Culinary Director John Sarich will be at the following locations:

Wed. Feb. 3	No. Mercer Island	11am-1pm and Bellevue	4pm-6pm
Wed. Feb. 10	Redmond	11am-1pm and Canyon Park	4pm-6pm
Thurs. Feb. 11	Broadway	11am-1pm and University Village	4pm-6pm

Those on the hunt for surefire ways to love lamb in Seattle can follow the American Lamb Board visit [www.AmericanLamb.com](http://www.AmericanLamb.com) for detailed information and a complete list of love-inspired happenings throughout February.

**About the American Lamb Board**

The American Lamb Board is an industry-funded research and promotions commodity board that represents all sectors of the American Lamb industry including producers, feeders, seed stock producers and processors. The Board, appointed by the Secretary of Agriculture, is focused on increasing demand by promoting the freshness, flavor, nutritional benefits, and culinary versatility of American Lamb. The work of the American Lamb Board is overseen by the U.S. Department of Agriculture and the board’s programs are supported and implemented by the staff in Denver, Colorado.

**FOR MORE INFORMATION ABOUT THE AMERICAN LAMB BOARD, PLEASE CONTACT CHLOE MATA CRANE (CMCRANE@BALTZCO.COM) AT BALTZ & COMPANY—212.982.8300**

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